

A score by Laurens Krüger for the 2022 ArtEZ podcast
Listening to the In-Between Part 2: Sensing Traces of Power(lessness)

Thanks Sharon Stewart and Martine van Lubeek, for the sharing, listening and working together!

Foucault's article 'The subject and power' (1984)
helped me to crystallize some thoughts that fuelled me in my motion;
the breathing and movements I sensed in the Ave Maria of Schubert
were important in dancing through the dance in which I found myself
swirling
in
and out
of

Triangle Dance with force fields

1. Think about an important force field in your personal life
2. Think about the force field that forms an opposition to this first one in your life
3. Imagine to enter one of them completely. Embody it.
Feel what moves, posture, position results
4. Break
5. Repeat with the other force field:
imagine it, embody it, feel resulting moves, posture, position
6. Break
7. Step into the embodiments and move at will between them
Feel a new position emerging
8. Feel into this new position
9. Wait
10. Look back.
Discover the relative distances between the three positions
11. Feel a new movement emerging that relieves you from the orbital power of the dualism.
Move